

FOGLIA FAMILY RESOURCE CENTER (FFRC)

Call WINGS Intake Line 847-519-7828

to complete a confidential Intake over the phone.

*Address provided upon acceptance into program.
FFRC is located in a northwest suburb of Chicago.

FFRC Hours of Operation

Mondays/Wednesdays/Fridays: 8:30am-4:30pm

Tuesdays/Thursdays: 8:30am-8:30pm

Saturdays: 9am-1pm

Services are offered in
English and Spanish.

Virtual and In-Person Counseling
Options Available.

FFRC is pleased to provide a wide range of free, trauma-informed support services to meet the needs of **adult, teen, and child survivors of domestic violence.**

Qualified professionals offer:

- ◆ Domestic Violence Education
- ◆ Safety Planning
- ◆ Individual Counseling
- ◆ Support Groups (Adults, Parenting, Teen, Children)
- ◆ Eye Movement Desensitization and Reprocessing (EMDR) Therapy
- ◆ Dialectical Behavioral Therapy (DBT)
- ◆ Grief Counseling
- ◆ Additional services available for those mandated by DCFS (Including: Nurturing Parenting Program)



The mission of WINGS Program, Inc. is to provide housing, integrated services, education and advocacy to end domestic violence.